

# BlueGrass 5K Walk & Run



Sat. Aug. 16, 2025 @ Worland Fair Grounds  
Registration at 7:30 a.m. and race begins at 8:00 a.m.

**Individual Entry- \$10**

**Individual Entry on day of race - \$20**

Participant Name	SEX M/F	Run	Walk (Specify adult or youth)
<i>John Smith</i>	<i>M</i>	<i>X</i>	<i>X</i>

Mailing Address:	
City, State Zip	
Phone Number	Email:

**Return Entry with payment by July 31<sup>st</sup> - Make Checks Payable to BBQ & Bluegrass**

Mail to: BBQ RUN  
1828B Highway 20 S  
Worland WY 82401

**Your entry form must be signed and dated to participate.**

By signing below I understand that I am participating at my own risk and understand that running/walking has the potential for injury or even death. I am participating with the knowledge of such risks and I will not hold Bluegrass Members or Race volunteers liable if anything shall happen.

\_\_\_\_\_

Signature (all participants sign)

\_\_\_\_\_

Date